

# SAMARA GUIDE

made by team of  
SamSMU's INTERNATIONAL DEPARTMENT  
& PUBLIC RELATIONS DEPARTMENT

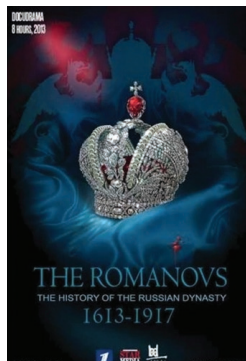
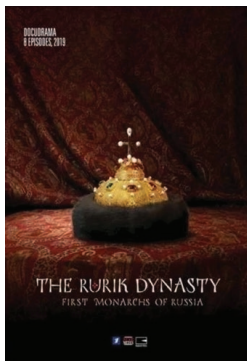


# Our history

The history of Russia has more than a thousand years, starting with the resettlement of the Eastern Slavs to the East European Plain in the 6th-7th centuries, subsequently divided into Russians, Ukrainians and Belarusians. For easier understanding, we can divide the entire history of Russia into four stages: the rule of the Rurik dynasty, the rule of the Romanovs, the times of the Soviet Union, Modern Russia

If you want to get acquainted with the history of Russia, then we recommend watching some historical series. They are very beautiful and tell the story of our country well. You can watch them in Russian with subtitles, or you can find versions with English voice acting. All episodes are on YouTube.

«The Rurik dynasty» Star Media, «The Romanovs» Star Media, «The Great War» Star Media



By the way, the newest film about our history is «Empress»

The official history of Samara begins in 1586, when the Samara Town fortress was built on the banks of the Volga River. However, it is known for certain that the first settlements were here in the XIV century. Here was a trading pier with a small population, which was noted on the maps of the Venetian merchants of that time. By the way, the name of the fortress, and later the city, comes from the Samara river of the same name, which flows into the Volga. At first, only soldiers lived in the Samara City fortress, but gradually trade developed here and houses began to appear behind the defensive walls. In 1780, various state institutions were opened in Samara: the treasury, courts, city government and other organizations. And in order to streamline the development of the city, in 1782 the mayors approved the master plan for development.

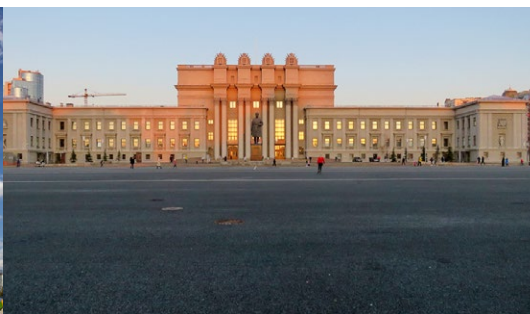
In the XX century, the development of Samara continued. In 1917-1918, after the February and October revolutions, Soviet power was established here. And in 1935, the city was renamed Kuibyshev, in honor of the famous statesman of the USSR. The name of the city remained until 1991, when the collapse of the Soviet Union took place. During the Great Patriotic War (1941-1945), people and factories were evacuated here from the western borders. And the city became the center of military aircraft construction - it was here that more than 80% of all Il-2 aircraft were built, which was one of the main attack aircraft against the German Luftwaffe aviation. In the post-war years, Kuibyshev secured the status of an industrial center of the USSR. The aviation industry continued its development, and soon a rocket industry was formed here: Yuri Gagarin, who made the first flight into space in the history of mankind, flew in a rocket assembled by the Samara aerospace enterprise TsSKB-Progress. And today Samara, which began its history from a small fortress, is one of the leading cities in Russia, both in terms of population and culture, science, and industry.





# The most amazing facts about Samara

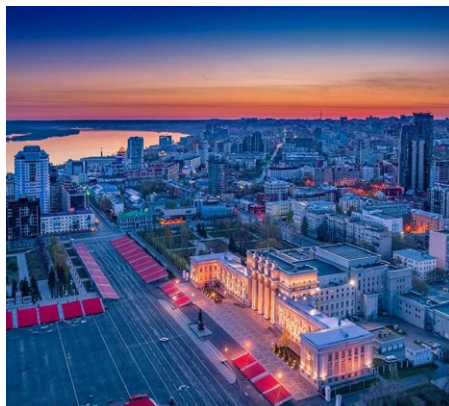
- 1 Samara is a resort city and the owner of the longest river embankment in Russia.
- 2 Kuibyshev Square is the largest square in Europe. Its area is 17 hectares. In the summer, festivals, concerts, and photo exhibitions are held here almost every weekend; in the winter, skating rinks are filled and an ice town is built.
- 3 A goat appears on both coats of arms on two Samara coats of arms: city and provincial. Why wild white goats were chosen, and not other animals or objects, is still unknown.
- 4 By the way, the design of the horns is quite complex. Their seven “branches” are reminiscent of the seven counties that were originally part of the Samara province.
- 5 Samara is the largest center of the space industry. It is here, at the Progress plant, that most of the rockets for launching Russian satellites and spacecraft into space are produced.





- 6 The song “Ah, Samara-town” is an unofficial city anthem. It was first performed for Soviet soldiers on May 9, 1945 in the dilapidated Reichstag building, performed by the soloist of the Kuibyshev Philharmonic, Vera Zenkevich.
- 7 Samara has its own star. Belgian astronomer Eric Elst named the asteroid Samara, which he discovered on October 8, 1996 at the La Silla Observatory.
- 8 Samara became the birthplace of the button accordion in 1897, when this, without exaggeration, iconic instrument was created by the owner of a Samara music store, Pavel Leontievich Chulkov. By the way, the city plans to erect a monument to the instrument.
- 9 Yaroslav Hasek lived in Samara at different times (the city even has a monument to the brave soldier Schweik), Alexey Tolstoy, Maxim Gorky, Vladimir Lenin lived and worked here, in the village of Shiryaevo, opposite Samara, Ilya Repin painted his “Barge Haulers on the Volga.”
- 10 Samara’s sister cities are the American St. Louis, the Bulgarian Stara Zagora and the German Stuttgart.
- 11 The famous Grushinsky Festival of Bards is held annually in Samara.





- 12 According to one version, the name of Samara has Arabic (or at least eastern) roots: the root “sam-sham” is often found in the name of arid areas, the second part of the toponym Samar - “Ar” - among the peoples of the east means a river, stream (aryk) . Hence the eastern origin of Samar can be traced as “sam + ar” - “steppe river”, “river of the sultry steppes”. In Russian transcription - Samara.
- 13 Volga Cossacks used to live on the lands of the Samara region, the most famous of whom were atamans Ivashko Koltso, Bogdan Barbosha, Ivan Oryusov, the conqueror of Siberia – Ermak Timofeevich, Matvey Mereshchak. Later, these lands were dominated by the famous Stenka Razin.
- 14 In Samara, for the first time in Russia, in 1915, a horse tram was replaced with a tram, which was entirely built from domestic materials.





# Main information

**Old name:** Kuibyshev.

**Location:** Located in the center of Russia on the Volga River.

**Population:** 1,500,000 people.

**Religion:** Samara is a multicultural city. There are many Orthodox Christians and Muslims here. But there are also Catholic churches, Protestant churches, Jewish synagogues.



Firefighters **101**



Ambulance **103**



Police **102**



Emergency gas service **104**



105 YEARS



# Our university

Samara State Medical University is a modern university with a century-old history. We train personnel for practical healthcare, develop science and develop advanced technologies.

Today, Samara State Medical University is one of the largest and most authoritative universities in Russia and one of the best medical universities in our country.

Samara State Medical University has 8 educational institutes and 80 departments, where teachers with high honorary titles and scientific degrees work. Training takes place on modern equipment, much of which was developed in the university's own research and production technopark. An example of the development is the Virtual Dissection Table «Pirogov», which is used in many cities of Russia, as well as abroad, for example in India and Vietnam.





## IN "END-TO-END" TECHNOLOGIES FOR THE DIGITAL ECONOMY

### PROJECT IMPLEMENTATION "FROM IDEA TO SERIAL PRODUCTION"



Hardware - software complex for VR - Rehabilitation of children with cerebral palsy



Hardware - software complex for VR - Rehabilitation of patients with post-stroke movement disorders in the lower extremities



Automated planning, Management and navigation System with augmented Reality AUTOPLAN

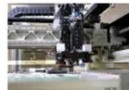
### DEVELOPMENT OF SOFTWARE SOLUTIONS FOR MEDICINE AND INDUSTRY



Medicine Development of Educational VR simulators



Business Development of systems for testing and evaluating a user's behavior



Industry Development of training courses on industrial safety in VR/AR

The university includes its own multidisciplinary clinics with almost 1000 beds, where students gain practical experience «at the bedside».

At Samara State Medical University, you can not only study, but also engage in science – in the structure of the university there are 8 own research institutes, where research is carried out in the most relevant and modern areas. Every year, about 7 thousand students, residents and graduate students study at the university, and more than 10 thousand specialists improve their skills.



# Which maps to use?

We can recommend two applications: «Google map» and «Yandex Map». In «Yandex map» you can find out all the information about the building: what organizations are in the building, how many entrances, where is the entrance. You can find a place, build a route, and track a route. These are very useful applications.



«Yandex maps» also contain information about public transport and indicates the arrival time of the next flight, which is not available in other applications. Also we often use «2GIS» in our country.

You can find it in «Google Play» or «App Store».

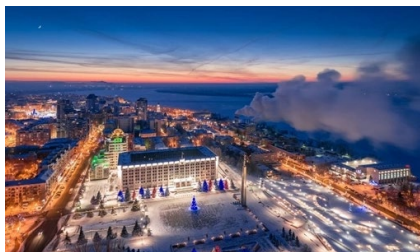
## Climate

Summer is long, warm and sometimes cloudy, and winter is long, frosty, snowy, windy and cloudy in Samara. Throughout the year, temperatures usually range from  $-15^{\circ}\text{C}$  to  $27^{\circ}\text{C}$  and rarely fall below  $-26^{\circ}\text{C}$  or above  $33^{\circ}\text{C}$ . The warm season lasts 3.9 months, from May 11 to September 7, with maximum average daily temperatures above  $20^{\circ}\text{C}$ . The hottest month of the year in Samara is July, with an average temperature maximum of  $27^{\circ}\text{C}$  and minimum of  $15^{\circ}\text{C}$ .

The cold season lasts 3.8 months, from November 19 to March 13, with a minimum average daily temperature below  $-0^{\circ}\text{C}$ . The coldest month of the year in Samara is January, with an average temperature maximum of  $-14^{\circ}\text{C}$  and minimum of  $-7^{\circ}\text{C}$ .

We do not have extreme cases of precipitation and natural disasters. The weather in our region is predictable, so check the weather forecast and choose the right clothes for the period of your internship.

Winter



Summer



# Our advice on clothing for different seasons of the year

## Winter



## Spring

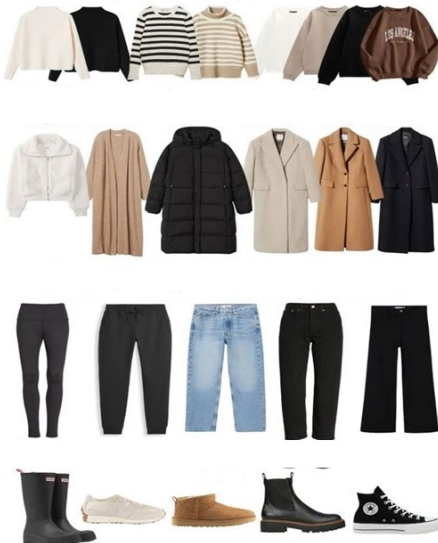




## Summer



## Autumn



# Transport Card

Samara has a well-developed public transport network. All public transport is divided into private and municipal. In private public transport, such as a minibus, the fare can cost 38₽, 40₽, 45₽ or more. It depends on your route and distance.



*minibus or  
"mashrutka"*

In private transport, we recommend paying in cash. Municipal transport is the metro, tram, trolley bus and most buses. The fare for cash is fixed – 35 rubles. When paying with a bank card, the fare is 32 rubles. When paying with a student travel ticket, the fare is 17 rubles.

There are benefits for students. If you buy a student travel card for 1 month, you can use the card without restriction. The card costs 85₽. Monthly top-up costs 850₽. We recommend that you purchase it, however it is up to you.

If you would like to apply for a student transport card, we recommend that you ask your CP for assistance.



# How to get a taxi?

To getting a taxi you can use the Yandex Taxi, Uber, Citymobil, Drivee applications. Look in Google Play. These applications are very similar.

You register and indicate the details of the card with which you will make the payment. If you do not have a card, then you will only pay cash. Next, you enter your location, destination, and the app calculates your route and cost. If you are OK with the cost, you can order a taxi. The application will select a driver for you and he will come to you.



**Ситимобил: Заказ такси**

Ситимобил



**Uber Russia — заказ такси**

KRONOS, LLC



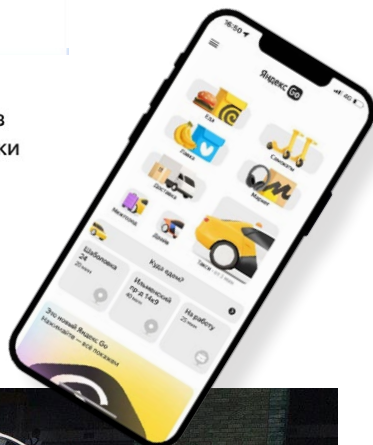
**Яндекс Go: такси и доставка**

Intertech Services AG



**Drivee — заказ такси и поездки**

INDELS TOO





# Where to eat, drink and have fun.

## Restaurants



**Johnny Wu.** «An invisible red thread connects those who are destined to meet regardless of time, place and circumstances,» says the website of the pan-Asian restaurant Johnny Wu. In his concept, Asia connects with the West, creating the most unusual tastes, emotions and impressions.



**Livingston** is a bright journey into the world of tastes and smells of the African continent. Authentic dishes combine the cuisines of the Middle East: Turkey, Israel, Lebanon, Tunisia, Morocco and Egypt with a splash of India.



**House of Nino (Дом Нино).** A restaurant of real Georgian cuisine for those who love themselves and their loved ones. A place where you are welcome, where an atmosphere of warmth and hospitality reigns all year round.

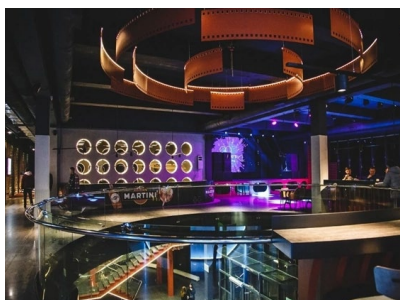


Restaurant **Rusiko**. We will feed you with Russian style and Georgian hospitality!

«Rusiko» is a restaurant of Russian-Georgian cuisine for those who want to spend quality time with loved ones who love nostalgic feasts.



**Really hot (Ваше Огонь)**. A place of power for meat eaters! A wide selection of meat dishes cooked in a Russian oven, on an open grill, spit, smokehouse, or in a jospier will lead you to ecstasy.



**Picture's**. This is a creative project of delicious food, entertainment, self-expression, creativity and vivid impressions, because Picture's is a true producer of talent. Is waiting for you: creative space, stage for performances, more than 30 corners with food from world cuisines, bowling with regular tournaments, daily master classes for children and adults.



**Patari** is an amazing place where the taste richness of dishes prepared in the best good family traditions of Georgia comes to life. To fall in love with Georgia, it is enough to visit «Patari».



**Robbi.** The main staples of the menu of the menu are, of course, Roman pizza and pasta. There are nine types of pizza here: with roast beef and plum, with Italian ham and pink pepper, with Parma, arugula and balsamic, with smoked salmon and artichokes, with stracciatella, tomatoes and pesto, with mushrooms and truffle sauce, with turkey and tuna sauce, with noble cheeses and pepperoni and spicy chili oil.



In the **Mushmula** restaurant, with the skill of the chefs and sincere hospitality, you will be introduced to the traditions and culture of the Georgian meal with its diversity and brightness of taste.



The **Restaurant of Honest Prices (Ресторан Честных Цен)** has a menu and a bar map, where all prices are equal to cost. In order to take advantage of this offer you must purchase a bracelet. You can also use the menu and bar card with the usual prices for the restaurant for every day.



**Perchini** are atmospheric Italian restaurants for the whole family. Perchini's cuisine combines traditional recipes, modern gastronomic trends, author's dishes based on Italian classics and popular Italian hits.





The **Glass** is a place where many facets of art are united: suprematism and modernism, Russian avant – garde literature, music, mixology and gastronomy.

## The coolest bars



**8bit bar** – offers you to plunge into the atmosphere of delicious food and cool drinks. In true beer drinking tradition, a varied menu has been prepared for you with an extensive beer list and all kinds of snacks that complement the foamy drink favorably. Here it's possible to meet friends, listen to soft music and generally have a good time. And for sports fans, matches are broadcast.



**Bar Doski.** The institution has an entrance fee, very low prices, a dance floor, karaoke and much more. The room is large, divided into several zones, many tables for large companies, a separate karaoke room. The dance floor takes center stage.



**Native (Местные)** with Agutin's songs, "Obzhorka" salad, and daily dancing. Samara – Cosmic, Native – Enchanting!



### Tropical **Tiki bar**

- Unsurpassed cocktails, author's Pan-Asian and American cuisine.
- Entertainment and a little Voodoo.
- Fun and immersion, surprise and disappointment.
- The place where you forget the world immediately and for a long time.



**Ever young (Вечно Молодой)** is a place where you can drink not only the sea.

It doesn't matter how old you are, you will always be 21 here.

## Restaurant with an oriental motive



**Chicko** is a newly opened Korean street food restaurant in Samara. Here you can find many traditional Korean sweets with a modern twist. A must visit for all kpop lovers!



**Hokku** is the atmosphere and taste of the largest Asian cities. Like a portal to colorful Asia, the restaurant will take you to the main pedestrian alley with cocktail bars, a cozy street with smells of food or a vibrant night market.



**Fuji** is a great place if you want to try really tasty sushi. They also have good pizza, burgers and other dishes to choose from. This is a great solution for a large company with different tastes. Also they have delivery and this is the best sushi delivery in Samara.



# Cafes and coffee shops



## Cafe **Korzh (Корж)**

The best coffee in the city is, of course, in «Korzh». They also have wonderful desserts of their own production.

Suitable for vegans.



**Beloturka** is a craft bakery that carefully preserves Samara's history. Here, ancient recipes from our region are revived so that guests can enjoy real sourdough bread and incomparable pastries.



## Cafe **Alice in Wonderland (Алиса в стране чудес)**

Want to try Harry Potter Butterbeer or other fantastic drinks? Or are you a tea lover? This way!



**Drinkit** is a cozy coffee shop for every day, where you can order a drink the way you like, in advance and without waiting in line.



### Skuratov

A coffee shop with the best and invigorating coffee.



### Cafe **Carrie**

A great place to spend your free time with a cup of coffee. Large selection of coffee drinks, desserts and breakfasts.



### Coffee shop **Komod**

This is a cozy coffee shop for work and leisure, a great place for meetings and communication. It brews aromatic coffee of the highest quality, serves amazing desserts and sandwiches, and surprises with trendy interiors.



### **Coffee bean** coffee shop.

The legendary first chain of coffee houses in Russia with a pleasant interior and many varieties of coffee.



### **White Cup** coffee shop.

This is a coffee shop in the city center where you can enjoy freshly brewed coffee to the sound of trams, talk about art, architecture, music and maybe simple everyday things - it's not just a «relax», it's an event.





# Places of culture



## I.V. Stalin's Bunker

It is not respectable to visit the reserve capital of the USSR during the Great Patriotic War and not get acquainted with object No.1, so we recommend a mandatory visit. The bunker was built during the Great Patriotic War in the strictest secrecy. It was planned that it would become a place of evacuation of the government and Stalin himself, but in the end everything turned out differently: Joseph Vissarionovich never visited it. However, since the bunker was built for Stalin, it bears the proud name of the father of nations. It is necessary to arrange a visit in advance: there are a lot of people who want to visit here, even on a weekday and out of season. To visit, you will need to call the phone number listed on the official website and book a place in the tour group.



## Museum and Exhibition Center «Samara cosmic»

One of the most impressive sights of the museum is the Soyuz launch vehicle, which is considered one of the symbols of Samara.

The memorial complex of the rocket monument and the museum building is a single architectural solution and is recognized as one of the most successful in the city.



### **Samara Regional Museum of Local Lore named after P.V. Alabin**

Samara Regional Museum of Local Lore named after P.V. Alabin is one of the oldest museums in the Volga region. The museum and its branches are located in several buildings in the historical center of the city: in the former Samara branch of the Central Lenin Museum, the Alexandra Kurlina Mansion (Art Nouveau museum), the memorial museums of V.I. Lenin and M.V. Frunze. Many years of experience and rich museum collections allow the museum to implement the most unusual projects and set the vector of cultural development of urban space.



### **Samara Academic Opera and Ballet Theater**

Throughout its history, the theater has been preserving and developing its traditions, while at the same time trying to master new things, go forward, surprise. Over the past decades, the theater has changed generations of Samara residents, and today, when the information space has become global, it begins to influence an even wider audience.





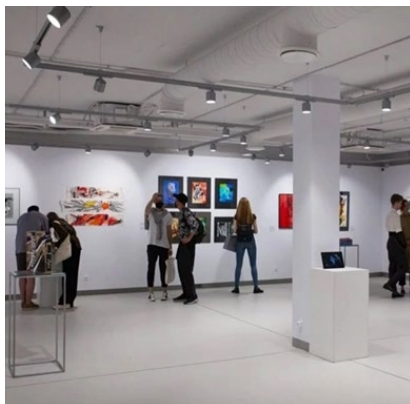
### **Samara Academic Drama Theater named after M.Gorky**

The pearl of the city in the frame of masterpieces of old Samara architecture is the Samara Academic Drama Theater named after M. Gorky. Like a fairy-tale tower, the theater palace on the banks of the Volga River appears before the guests. Samara Academic Drama Theater named after Gorky has become a real symbol of the city, it is truly a real pearl of architecture of the 19th century.



### **Samara Puppet Theater**

«Samara Puppet Theater» has a rich history. It has won many prestigious awards at festivals and competitions, has impressive touring activities, hundreds of productions, thousands of performances and millions of grateful viewers. The theater is known for its performances in Russia and abroad: its productions have already been appreciated not only by Russians, but also by residents of Serbia, Hungary, Germany, Estonia, France, China and India. Samara Puppet Theater is the organizer of the International Festival of National Puppet Theaters «Rainbow». Over the years, the festival has been attended by more than 60 theaters from Russia, near and far abroad.



## Victoria Gallery

«The Victoria Gallery» is the largest independent art venue in Samara. Here viewers are introduced to the works of the best authors of the XX-XXI centuries and the most interesting trends in contemporary art. As part of its activities, the gallery regularly holds exhibitions of contemporary art from museum collections, projects that introduce viewers to the work of Samara artists.



**Garibaldi Castle** is the only Gothic – romantic style castle in Russia. This is one of the main attractions of the Samara region. It is located in the village of Khryashchevka on the banks of the Volga River, 42 km from Togliatti. This unique modern tourist facility includes a luxury hotel, guest houses, a park and entertainment area, as well as its own port, which allows you to receive not only yachts, but also large vessels.



**The Samara regional art museum** is one of the largest museums in the Russian provincial regions. This is the oldest and most prestigious exhibition site in the Samara region. The museum building, built at the beginning of the twentieth century, is an architectural monument of federal significance, one of the most beautiful and most recognizable buildings in Samara, located in the historical core of the city.





**Samara Theater for Young Spectators Samart.** Over the past 90 years, it has staged over 500 performances based on works of Russian and foreign classics and modern drama, some of which received top awards at all-Russian and international theater festivals.



**Volzhsky Thermal baths** is a complex for health and recreation, which is located in Novokuibyshevsk, 20 km from Samara. The thermal baths are open daily and all year round. The complex consists of two parts: closed and open. In the covered part there are massage rooms, cafes, baths, a swimming pool and many other locations. In the open area there is the pride of the institution – a large thermal pool.



**Samara Baths** is a new thermal complex on the Moskovskoe highway in the city of Samara, opened on the site of a former water park.



### Pottery Workshop

If you want to make your everyday life more exciting and intense, a pottery workshop is just what you need! Here you can try a new activity for yourself or just do what you love. One of the most famous pottery workshops in Samara is SCVER.

## Nature



### Shiryaevo

The village of «Shiryaevo» is famous for its large-scale museum complex, which is dedicated to ethnography and the famous artist I.E. Repin.



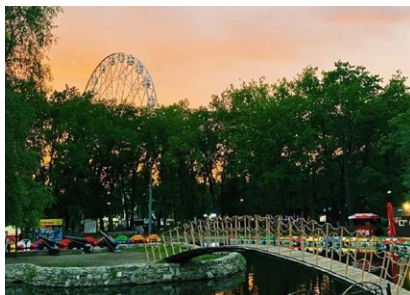
### Helicopter observation deck

Sky Roof is a gorgeous view in the center of Samara, the views are magnificent, a worthy viewing platform to visit. Thanks to the equipped pedestrian paths, with installed lighting and safe fences, you can visit the observation deck around the clock!



### Ski resort Sok

The trails are waiting just for you.



### Gagarin Park

The Yuri Gagarin Culture and Leisure Park was opened in Samara in 1976. The park has an artificial reservoir with an island, a natural lake, a stadium with a football field, running tracks and a grandstand for 500 spectators, attractions for entertainment.



**The Central Park of Culture and Recreation (country park)** is a state natural monument of local significance. Its territory is 42.4 hectares. There are more than 7,300 trees, including oaks aged 100 years or more; more than 30,600 shrubs, a huge area of flower beds. Over the many years of history, the park has preserved rare plant species, squirrels, and various breeds of birds.



### Sled dog village Silver of the north

Sports and tourist center for Siberian and Alaskan Husky sled dogs, built on a shared lifestyle.



**Grushinsky** is a legendary art song festival.

Where: Samara region, Pribrezhny village, festival meadow in the Mastryukovsky Lakes area.

Accommodation: tent camp.

Camping and tourist comfort: hot shower, round-the-clock free drinking water, dry closets.

Food: you can cook on gas burners in your camp, or you can eat at the food court.

Venues: more than 12 concert venues are open all days of the festival.



**«Blue lake»** is located on the border with the Isaklinsky district, near the village of Staroye Yakushkino. The lake is located at a distance of about 130 km from Samara, 1.5 km from the village of Samsonovka, Isaklinsky district, and 3 km from the village of Staroye Yakushkino, Sergievsky district. The lake got its name for the intense emerald blue color of the water. It is located in a karst sinkhole, which explains its round shape.



# Supermarkets



**Magnit Cosmetic** is a great supermarket if you need personal care products, cosmetics, cleaning and laundry products and other household items.



**Fixprice** stores you can find anything you want at a low fixed price. There is food, personal care products, cleaning products, kitchen utensils, stationery, household goods, a small selection of clothing and many other interesting things that you may need.



## **Pyaterochka**

This is a very popular supermarket chain in Russia. You can find their shops in any quarter. Here you can buy food, shampoo, soap and essential things



If there is no pyaterochka next to you, it means there is a **Magnit** next to you. This is very similar on the assortment of supermarkets.



The **Perekrestok** is less common than previous two. There is more assortment here. You can even find stationeries or clothes here.



**Domovoy** is a great place if you need household goods at a low price.



# Don't forget to take!

Surgical scrubs  
(for practice in Clinics)



Surgical scrubs  
(for practice in Clinics)



White coat  
(for practice in Clinics)



Indoor shoes  
(for practice in Clinics)



Swimsuit (especially necessary in summer)



Travel adapter



Flip flops (especially necessary in summer)



Student's handbook



Warm clothes (especially necessary in winter)



First aid kit



Powerbank





# Language



Привет Hi / hello

Привет, как дела? Hi, how are you?

Как тебя зовут? What's your name?

Меня зовут... My name is...

Откуда ты? Where are you from?

Я из... I'm from...

Тебе нравится твое путешествие? Do you enjoy your journey?

Где находится...? Where is the ...?

Сколько это стоит? How much does it cost?

Я не понимаю вас I don't understand you



# General Information

## How can I get to Samara?

You can come to Samara by plane. Most likely you will have to make a transfer in Moscow, St. Petersburg or another city, because we have few direct flights with border cities. The airport is called Kurumoch. You can also buy a plane ticket to Moscow or St. Petersburg and then transfer to the train. Russia has good railways.

## What currency is used in Russia?

In Russia, the ruble is used. You can exchange your euros and dollars at many banks.

Difficulties may can be with other currencies, so it is best to take dollars and euros.

## In which time zone is Samara?

Samara uses the UTC +4 Russia time zone throughout the year.

## What language is spoken in Samara?

In Samara, as in all of Russia, the official language is Russian. Among the population, a very small number of people can speak English.

If you have any difficulties, it is better to turn to young people for help. They may know English.

At the university, some doctors can speak English. University students and your CP will try to help you with the translation.

## Transport.

Samara has a well-developed public transport system, but there are also a lot of private cars.

The public transport system includes: metro, tram, trolleybus, bus, electric trains, trains and taxis. Transport has a set schedule and an approved route, which can be viewed on the map or on the website of the transport company.

**Metro:** payment for travel by transport card or by personal plastic bank card (32 P). Opening hours from 6am to 12pm. The interval of movement is 10-12 minutes.



Buses, trolleybuses, trams. Payment by transport card, by personal plastic card (32₽) and in cash (35₽). Opening hours 6am to 10pm.

The interval of movement depends on the route. On average of 5-15 minutes. You can track the movement and arrival of transport on Yandex maps.

Electric trains: connect the city center with the countryside. The fare depends on the length of the route. On average, 50-250 rubles. Runs strictly on schedule. You need to buy a ticket in advance at the box office. The ticket is checked by controllers.

#### Train.

Connects Samara with other Russian cities. Runs strictly on schedule. You must buy tickets in advance. On average, a ticket can cost 3000-8000 rubles.

#### Taxi.

Cars can reach anywhere in the city, and sometimes out of town and to another city. The cost depends on the route and demand. If the demand is high, then the price will be higher.

Order draft application. The average price is 100-500-1000₽.

#### Safety.

In Samara, criminal incidents rarely happen. You are unlikely to be attacked or robbed in a crowded place or tried to rob in a crowded place. Here you can meet the police on the street. Don't be afraid of them, they won't harm you. If they talk to you, explain that you are a medical exchange student. They may ask for your documents to make sure that you are not dangerous and your testimony is correct. You shouldn't be afraid of this. If something suspicious happens, you can contact them for help. However, you should not leave your bags unattended on the street and in public buildings. Always close the front door. Don't talk to strangers. Stick to the usual safety rules.



# SamSMU is waiting for you!







We wish you a successful exchange.

Feel free to reach out if you have any questions.

We are very pleased that you have chosen our country  
for an internship and will try to make your exchange  
interesting.



SAMARA  
STATE  
MEDICAL  
UNIVERSITY

105 YEARS



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